



It may be easier and cheaper than you think to **organize disaster supplies in convenient locations**. This is not just about "having a kit." Include supplies specific to you, such as medications, eyeglasses, clothing, shoes, toiletries, and more. This is in addition to the basic supplies everyone should have (water, food, first-aid, flashlight, radios, etc...).



The chart below can help you customize your supplies for when and where you need them: **under-bed bag** (immediate supplies), **evacuation** ("go-bag" - 3 days), **home** (2 weeks), and perhaps at **work** and in your **car**. Choose what makes the most sense based on your needs and budget.

Under-Bed?	Go-Bag?	Home?	Work?	Car?	Item:
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Clothing, shoes, hard hat / helmet, gloves
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Whistle
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Flashlight / headlamp
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Dust mask and goggles
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Glasses / contacts
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Tools (gas wrench, shovel, crowbar, knife)
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Contact lists (in-state, out-of-state)
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Copies of ID / important documents
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Batteries, battery pack, & charging cables
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Medications / Copies of Prescriptions
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	First-aid supplies and emergency blanket
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Water and food (long shelf-life)
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Portable radio
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Toiletries (sunscreen, tissue, hygiene items)
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cash (small bills)
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Maps (local and regional)
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pet supplies (food, water, toys, leashes)
		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Litter / sand (spills, traction)
				<input type="checkbox"/>	Jumper cables, spare tire, inflator, jack
				<input type="checkbox"/>	Flares / road hazard lights
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Personal item _____
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Personal item _____

**Choose...
what makes sense for YOU
and where to keep it!**



Seven Steps to Earthquake Safety

Prepare to Survive and Recover

Step 1: Secure Your Space



Studies of the '89 Loma Prieta and '94 Northridge Earthquakes show that **most** injuries are caused by falling or flying objects.

Step 2: Plan to be safe

40%

of Californians have made disaster plans with their families.



Step 3: Organize Disaster Supplies

1 in 2 California homes lack essential supplies in their kits such as water, food, first-aid, flashlights, and radios.



Step 4: Minimize Financial Hardship

Only 1 in 3 Californians

know they can make their home safer for earthquakes.

know they can make their home safer for earthquakes.



Step 5: Drop, Cover, and Hold On



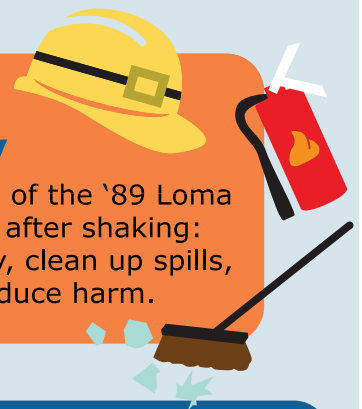
55%

of serious injuries related to the '94 Northridge quake resulted from falling, tripping, and/or stepping on objects.



Step 6: Improve Safety

Injury and damage reports of the '89 Loma Prieta quake illustrate that after shaking: move slowly and cautiously, clean up spills, and wear safety gear to reduce harm.



Step 7: Reconnect and Restore

Many people interviewed after the 2014 Napa Earthquake experienced anxiety from not being prepared to connect with loved ones and begin their financial recovery.